MAKE A DIFFERENCE!

Be Trauma-Informed and Trauma-Responsive!

What is Complex Trauma?

Complex trauma occurs when children have endured multiple interpersonal traumatic events from a very young age that involve abuse or neglect by a caregiver(s) that may result in traumatic stress.

What is the impact?

The impact of child traumatic stress can last **well beyond childhood**. In fact, research has shown that child trauma survivors may experience:

- Learning problems, including lower grades and more suspensions and expulsions
- Increased use of health and mental health services
- Increased involvement with child welfare and juvenile justice
- Long-term health problems (i.e.) diabetes and heart disease)

What can be done about it?

A critical part of children's recovery is having a supportive caregiving system

- Partner with Youth and Families
- Partner with Agencies and Systems that Interact with Children and Families
- Enhance the Well-Being and Resilience of Those Working in the System
- Maximize Physical and Psychological Safety for Children and Families
- Identify Trauma-Related Needs of Children and Families
- Enhance Family and Child Well-Being and Resilience

How can YOU make a difference and become part of a community collaborative?

The Division of Family & Children Services is providing training to Division staff and their community partners. Join the **Child Welfare Training Collaborative** to learn more about how to become trauma-informed!

cwtc.gsu.edu

- Attend training on Complex Trauma
- Collaborate with community partners and different agencies
- Find out what trauma resources are available in your community
- Address the gaps in trauma services in your community