Trainings for School PROFESSIONALS

Trainings offered by:

Georgia State University | Andrew Young School of Social Work

CHILD WELFARE TRAINING COLLABORATIVE

A PROFESSIONAL *Excellence* PROGRAM

TRAININGS

To address the unique needs of school staff who interact with children who have experienced complex trauma, CWTC developed the following training resources:

Trauma 101:
Understanding the Impact of Trauma on Children for School Professionals

Brain Development 101:
Understanding the Impact of Trauma on Brain Development

Trauma/Brain 201:
Building Resiliency as a Response to Trauma

Secondary Traumatic Stress:
Recognizing and Managing STS

WHAT YOU WILL LEARN

- Child Trauma: Definitions and Types of Trauma
- How Trauma affects Children and Youth
- How Trauma Impacts the Brain
- Managing Physical and Psychological Safety for Children in a school setting
- Strategies for Educators to Enhance Child Well-being and Resilience
- Strategies for enhancing the well-being and resilience of school staff

SCHEDULING & CEUs

- If you are interested in bringing training to your school or school system, please contact your Regional Education Service Agency (RESA) to submit your request
- The Trauma 101 and Brain 101 training is approved for 3 hours of continuing education for MSW (core), LPC and LMFT (related), DECAL, FVIP, POST, Babies Can't Wait Project SCEIs in Area I | Children and Families – Birth to 8 CEUs, and nursing.
- The Trauma/Brain 201 and STS training is approved for 5 hours of continuing eduction for MSW (core), LPC and LMFT (related), DECAL, FVIP, POST, Babies Can't Wait Project SCEIs in Area I | Children and Families – Birth to 8, and nursing CEUs.

For more information
about our program, contact us at:
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In partnership with

Georgia Division of Family and Children Services

TRAUMA 101: UNDERSTANDING THE IMPACT OF TRAUMA ON CHILDREN FOR SHOOL PROFESSIONALS

Course Length: 3.0 Hours

Course Description
This course will provide participants with foundational knowledge about child trauma and child traumatic stress. Three types of child trauma are defined. The course focuses on the impact of complex trauma on behavior and development, and helps participants identify strategies for working in a school setting with children who have experienced trauma.

Topics Covered
- Child Trauma: Definitions and Types of Trauma
- How Trauma affects Children and Youth
- Overview of Impact of Trauma on the Brain
- Managing Physical and Psychological Safety for Children in a school setting
- Strategies for Educators to Enhance Child Well-being and Resilience

BRAIN DEV 101: UNDERSTANDING THE IMPACT OF TRAUMA ON BRAIN DEVELOPMENT

Course Length: 3.5 Hours

Course Description
This course provides participants with foundational knowledge about how adversity and trauma can impact brain development. The course introduces brain architecture and early brain development in children and focuses on the impact of adverse experiences and child trauma on the brain.

Topics Covered
- Adversity & Trauma and the Impact on Brain Development
- Brain Systems
- Adverse Childhood Experiences and Brain Development
- Resilience and Brain Development

TRAUMA/BRAIN 201: BUILDING RESILIENCY

Course Length: 6.5 Hours

Course Description
This course is designed for faculty and staff who have completed Trauma 101 and Brain 101. The course focuses on the components of a trauma-informed child and family service system, the importance of cross-agency collaboration, and building resiliency in caregivers, children, youth, and professionals.

Topics Covered
- Trauma-Informed Community System
- Introduction to Collaboration
- Identifying Trauma Related Needs
- Building Resilience in Children and Adolescents
- Taking Care of Self

SECONDARY TRAUMATIC STRESS: RECOGNIZING AND MANAGING STS

Course Length: 6.5 Hours

Course Description
This course is designed to educate various helping professionals on Secondary Traumatic Stress (STS) and its impact. Participants will learn how to assess STS symptoms in themselves and others, explore factors that help to protect professionals from the negative effects of STS, and discover strategies to use these protective factors to manage STS. Participants will also assess their own personal and professional self-care and develop STS management plans.

Topics Covered
At the conclusion of this training, participants should be able to:
- Explain the potential negative impact of STS on their personal and professional lives, their organization, and the children and families they serve
- Distinguish between Secondary Traumatic Stress and other stress-related conditions
- Identify risk factors and symptoms of STS
- Identify strategies to manage STS
- Develop an individual plan to manage STS